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www.thechildrenssleepcharity.org.uk
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The children's sleep charity
Reg Charity No: 1150585

The Children's Sleep Charity are the only charity registered in England and Wales, dedicated to sleep.

"Attending one of your clinics has transformed our lives. My son is now sleeping after 8 long years of disturbed nights. Thank you"

The Children's Sleep Charity offer:

- Sleep clinics so that families can access one to one support.
- Accredited sleep workshops for professionals and parents.
- Sleep Tight training, a programme specifically for Family Support workers who can then offer sleep workshops within their localities.
- Online sleep support for organisations, supporting family-friendly policies by providing employees the opportunity to access specialist sleep support.
- Key note speakers at conferences.
- Sleep Practitioner accredited training alongside experts from Sheffield Children's Hospital.
- Bespoke packages for Clinical Commissioning Groups, corporate organisations and education settings.
- Training delivered by highly trained and experienced practitioners, who also have a specialism in working with families with Special Educational Needs and Disability.

We are regularly featured across the media including,
The Chris Evans Breakfast Show, Channel 4's Bedtime Live,
Sky News, BBC news, Practical Parenting magazine, The Daily Mail and more.

**If you are interested in our services,
or would like to discuss supporting our work
please email info@thechildrenssleepcharity.org.uk**