



www.thechildrenssleepcharity.org.uk

Keep up to date on Facebook and Twitter



**The only charity registered
in England and Wales
dedicated to children's sleep**

Doncaster Sleep Service

Parents and Carers

We offer:

- One to one sleep clinic appointments to support your child to get a better night's sleep
- Sleep workshops where you can meet other parents and learn more about helpful strategies
- Drop in sessions where you can meet a sleep practitioner for informal advice

Your child must be registered with a Doncaster GP or live within the Borough and be over 12 months of age

Practitioners

We offer:

- Accredited sleep workshops for Doncaster Practitioners who would benefit from understanding more about common sleep problems, to enable you to offer support and advice to parents/carers, as part of your daily work.

Over 40% of children experience sleep issues

Our sleep service has been established in Doncaster for over 2 years

Most sleep issues are resolved with our support within 5 weeks

Our practitioners are trained to offer specialist support for children with SEND

**For dates, venues and to book an appointment,
please contact the Children Sleep Charity
on 07912 667676**

or email: office@thechildrenssleepcharity.org.uk

**Funded by 
Doncaster
Clinical Commissioning Group**